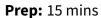
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# Very Easy Mushroom Barley Soup



I love mushroom barley soup and I was originally making one that took about 3 hours to cook. This one is so simple and easy and takes a third of the time. If you like mushroom barley soup, you will really like this. It's perfect for a cold winter night.

By SANDI149



Cook: 50 mins

Total: 1 hr 5 mins

Servings: 6

Yield: 6 servings



# Ingredients

1/4 cup olive oil

1 cup chopped onion

3/4 cup diced carrots

½ cup chopped celery

1 teaspoon minced garlic

1 pound sliced fresh mushrooms

6 cups chicken broth

34 cup barley

salt and pepper to taste

### **Directions**

## Step 1

Heat the oil in a large soup pot over medium heat. Add the onion, carrots, celery and garlic; cook and stir until onions are tender and transparent. Stir in mushrooms and continue to cook for a few minutes. Pour in the chicken broth and add barley. Bring to a boil, then reduce heat to low. Cover and simmer until barley is tender, about 50 minutes. Season with salt and pepper before serving.

#### **Nutrition Facts**

**Per Serving:** 198 calories; protein 5.8g; carbohydrates 24g; fat 9.9g; sodium 27.7mg.

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