

MAY | MAYO | T'AATSOH | HAKITONMUYA

SUN	MON	TUE	WED	THU	FRI	SAT
<p>We recognize May 5th as Missing and Murdered Indigenous Women & People Awareness Day. Register with QR Code</p>  <p>Group Fitness Classes Health Education Classes Announcements L.I.F.E. Community Events</p>					1 12pm Intro Yoga	2
3 	4 9-4pm MMIWP Poster Making at Wellness Center 4pm TRX 5:30pm Native Food For Life Online	5 8:30am- 12pm MMIWP Awareness Day 4pm Super Circuit 5:30pm Beading Circle	6 5:30pm What Can I Eat?	7	8 12pm Strength Conditioning	9 
10	11 4pm TRX 5:30pm Native Food For Life Online	12 4pm Super Circuit	13 5:30pm What Can I Eat?	14 4pm TRX Yoga	15 12pm Strength Conditioning	16 7:30am Spring into Summer Hiking Series at Campbell Mesa Pre-Register with QR Code
17 	18 6pm Community Cooking Class #2	19 4pm Super Circuit	20 5:30pm What Can I Eat?	21 4pm TRX Yoga	22 12pm Intro Yoga	23 
24	25 NACA CLOSED	26 4pm Super Circuit	27 5:30pm What Can I Eat?	28 4pm TRX Yoga	29 12pm Spin	30 10-12pm Community Garden Blessing at Hal Jensen Rec Center